



ALL-AMERICAN ROWING CAMP CROATIA ADVENTURE

May 14-19, 2024

\$3,950 - All Inclusive Camp (Excl. Airfare)
\$2,550 - All Inclusive Non-Rowing (Excl. Airfare)

Krka Rowing Klub

Sibenik, Croatia

All American Rowing Camp is pleased to present Rowing in Croatia for all!

Join us in the Dalmatia Region of Croatia for rowing on amazing waters and on the former European Championship course in Zaton... Sleep in a restored historic waterfront inn and Explore the riches of the region. Row, eat, drink and be merry!



Tomorrow...repeat!

This is not just a rowing camp, this is an adventure beyond your expectations! We will provide an All-American experience – A camp for Rowers, designed and run by Rowers. The camp will offer everyone quality water time, professional coaching, positive teaching techniques in an environment that few from the USA have explored. Sibenik is perfectly situated for rowing and exploring many treasures of the Croatia including: James' Cathedral, Sv. Lawrence's Monastery, fortress of St. Nikolas, Krka National Park, city of Trogir and of course a tour of Sibenik itself is an unforgettable experience for every visitor of the central Dalmatia.



All meals (and beer/wine), lodging at a wonderful hotel near the boathouse, equipment and fees are included.

Besides great rowing from the Krka Klub we will also discuss boat/oar rigging, strength and cross training for rowing, nutrition and many more topics to get you up to speed. Drone video analysis will provide a unique perspective on your technique and allow for in depth personal coaching.

This will be a true rower's paradise, All-American Style!

Krka Rowing Club: Founded in 1923
[Click Here for Club Website](#)

Heritage Armerun - Sibenik:
[Click Here for Hotel Website](#)

For Questions please contact
Mark Wilson at 865-441-0880
mark@allamericanrowingcamp.com



ALL-AMERICAN ROWING CAMP

SIBENIK, CROATIA

MAY 14 - 19, 2024

Camp Includes:

- Camp is Six days and Five nights!
- Plenty of time to Learn, Develop and Excel
- Rowing in 1x's, 2x's & maybe a Coastal 4x+
- Plenty of Rowing and Other Fun!!
- Eat, Sleep, Row, Site-See
- All meals, snacks, drinks and Lodging: INCLUDED! <https://armerun.com/> is the hotel
- Lodging is in private rooms (up to 2 occupants) with private bath
- Video review of each rowing session, classroom sessions
- Shore sessions include training methodology, drills, nutrition, video and technology in the sport, racing, and strategy specific to the masters athlete
- Spouses are welcome to enjoy meals, side trips, and the camp's social aspects. Opportunity to explore, rent a bike, hike and simply soak in the area's charm!



This camp will be a very special event and will be limited to 10 rowers. Coaching ratio of 1:5 provides a personal and meaningful coaching experience. Your time is valuable and we strive to give you all the attention you deserve and more.

Registration and Payment Schedule

	Rowers (add \$400 for single Room)		Non-Rowers
Total Camp Fee	\$ 3950	SINGLE \$4350	\$ 2550
1) 50% deposit due with registration	50% = \$1975	Single \$2175	50% = \$1275
2) 50% due by March 1, 2023	50% = \$1975	Single \$2175	50% = \$1275

All Payments should be payable to All-American Rowing Camp, LLC – Venmo or Check accepted @ Rowcamp1999 is the venmo account

Fees do not include airfare. Participants are required to make their own travel arrangements from the USA to Split Croatia. Airport transfers will be included from Split. All In Country transportation is included!
Travel Insurance is also Available, Please Contact Mark for Details

Registration forms and waivers will be emailed to those interested. Please contact Mark Wilson at mark@allamericanrowingcamp.com.

Thank you very much for considering this adventure of a lifetime, or until next year!



CROATIA CAMP SCHEDULE

Schedule is subject to change based on weather, equipment and circumstances beyond our control. It is our intention to offer the highest quality coaching, rowing, and travel experience possible.



May 14, 2024

Arrival and Meeting at Split Airport.
Meeting time based on Flight Schedule
Lunch in Primosten, Welcome to the Adriatic Coast!!!
3:00p Check into the Hotel Armerun in Sibenik
4:00p Meet at Hotel Lobby for a city orientation and camp pre-view
5:00p Visit Rowing Club for Orientation (no rowing) Boat Set up
6:30p Early Dinner and then off to bed!



May 15-18

6:30a Cappuccino - Croissant
7:00a Depart for Boathouse
7:30a Row – Session 1
9:00a 2nd Breakfast and Video Review
9:45a Row – Session 2
11:30a Return to Hotel for Brunch
1:00p Afternoon Excursion
5:00p Return to Hotel from Excursion
7:30p Dinner at TBA

Croatia has so much to offer the rowing enthusiast and we will train where champions train. Sibenik is a hidden gem, with culture, adventure and history around every corner.

May 19

6:30a Enjoy Hotel Armerun
7:15a Last Breakfast, at Hotel
11:00a Camp Ends – Enjoy the rest of your European Travels
Airport Transfer to Split based upon Flight Schedule!





ALL-AMERICAN ROWING CAMP

AFTERNOON EXCURSIONS FOR SIBENIK CROATIA

All-American Rowing Camp is very excited to be offering a fantastic international experience for the rowing adventure in and around Sibenik Croatia. This camp will feature rowing in the morning and then touring and exploring the surrounding region of the Dalmatia coast. We will be exploring various Cultural, Historical, Natural and Archeological sites around the area. Each day's activities will be full of opportunities to photograph and explore exciting sights and time to learn about the country of Croatia and its friendly people. We hope that you will enjoy the country and the rowing during the camp. Other locations and adventures may be added.

Croatia is waiting for you, join us for this Adventure!! Let's GO!!

DAY 1 – HISTORICAL VISIT OF SIBENIK



DAY 2 – KRKA NATIONAL PARK WATERFALLS AND ANCIENT SITE EXPLORATION

DAY 3 – VISIT ST. NICHOLAS FORTRESS



DAY 4 – TROGIR TOUR OF THIS ANCIENT CITY

Other options include visiting and touring Split, Primosten, and other locations! Many options that will beg you to return.

May 2024 All-American Rowing Camp

Sibenik, Croatia

Mail registration and deposit to:
All-American Rowing Camp
2770 Red Wing Village
Deland, FL 32720

Rowing from Krka Club
Lodging at the Armerun Hotel
Excursions Included - May 14-19, 2024

Registration Deadline is January 1, 2024. Camp is limited to FIRST 10 deposits.
See Payment Schedule Below

Make check payable to: All-American Rowing Camp, LLC (Venmo Also Accepted)

Name _____
 Address _____
 City _____ State _____
 Zip Code _____

Camper's Name	Jacket Size	Due: With Registration	Due: Feb 1, 2024	Single Room	Total Fee	Amt. Paid
		Payment 1	Payment 2	Add \$400		
	Rower	\$1975	\$1975		\$3950	
	Non-Rower	\$1275	\$1275		\$2550	

Mobile Phone: _____ E-Mail _____
 Home Phone: _____
 Medical Insurance Carrier and Policy Number: _____

IN CASE OF EMERGENCY CONTACT:

_____ Relationship _____

Waiver Statement (Must be signed to participate)

I recognize that because of the potentially hazardous nature of this activity that an injury might be sustained. In the event of such an injury to myself, if I or my spouse cannot be contacted, I give my permission to the attending physician to render such treatment as would be normal and agree to pay the usual charges for such treatment. I now release the All-American Rowing Camp, LLC., Mark R. and Judy B. Wilson, Tomi Zaninovich, Krka Rowing Club, US Rowing, its employees, volunteers, agents, and assigns from responsibility for any personal injuries to property caused by or having any relation to this activity. I understand that this release applies to any present or future injuries and that it binds my heirs, executors and administrators. I understand that participants may be videotaped or photographed during this activity. I have read this release and understand all of its terms. I sign voluntarily and with full knowledge of its significance.

Signed _____ **Date** _____

All Questions should be directed to Mark Wilson 865-441-0880